

# Papen-Aprendamos Autism Diagnostic Center

## SOCIAL SKILLS GROUP

Utilizing the PEERS® Curriculum developed at UCLA

PEERS® for Adolescents is a 14-week evidence-based social skills intervention for motivated teens in middle and high school who are interested in learning new ways of making and keeping friends. This internationally acclaimed program, used in over 35 countries, was originally developed at UCLA by Dr. Elizabeth Laugeson. During each group session, teens are taught important social skills and are given the opportunity to practice these skills in session during socialization activities.

Parents attend separate sessions at the same time and are taught how to assist their teens in making and keeping friends by helping to expand their teen's social network and providing feedback through coaching during weekly socialization homework assignments. PEERS® may be appropriate for teens with Autism Spectrum Disorder or other social and behavioral disorders.



### TEENS WILL LEARN TO:

- Use appropriate conversational skills
- Enter and exit conversations
- Use humor appropriately
- Use electronic communication
- Be a good host during get togethers
- Be a good sport
- Handle arguments and disagreements
- Change a bad reputation
- Handle rumors and gossip
- Handle rejection, teasing, and bullying

### Now Recruiting

**To enroll in the group and/or ask questions please  
contact Kali Hall at the Papen-Aprendamos Autism  
Diagnostic Center**

**[kalihall@nmsu.edu](mailto:kalihall@nmsu.edu) 575-646-3370**

**Cost is Covered by the NM Department of Health**

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